



OUR DHARMA

A dharma is “ones path” (It actually says “to righteousness” but we reckon that sounds a bit pretentious!) We believe our dharma is to make eating well and doing good for your body and mind, a habit. Om Is Where The Heart Is aims to spread the love and light to our ever growing community through yoga and good, honest food and drink. We want every Omie who walks through our door to leave with their souls full. We can't fix anything once you're gone so if something is wrong please, be honest, be kind and we will do our best to make it right for you.

It is our humble honour to welcome you to our Om.

Big Love,
Alex & Ellie

Your safety is our priority so please inform our staff of any allergies. We will of course do our best to accommodate you, with the utmost care being taken during preparation, however we do not operate an entirely allergen free kitchen. Bearing this in mind, our staff reserve the right to decline any requests that may put your safety at risk.

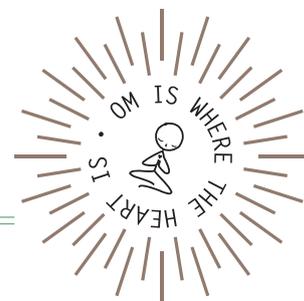
All of our dishes are made fresh to order, meaning during busy times that it might take up to 30 minutes to get your order out to you, please know how much we appreciate your patience.

Many of our dishes are finished with coriander sprinkles. If you are one of the 17% of people who find coriander tastes like soap, just tell us. We won't sprinkle you, don't panic, it's genetic!

www.omiswheretheheartis.co.uk



MENU



TOAST AND...

Homemade Butter	5.5
Homemade Butter & Jam	5.95
Smashed Avocado (ve)	7.5
+ 2 poached eggs	2.75
+ 2 rashers bacon	2.75
+ halloumi	2.75
(GF available)	

OUR FAVOURITES

Loaf Is All You Need	10.95
A chunky slice of sourdough, topped with smashed avo, chopped cherry tomatoes with lemon, lime and coriander and two poached eggs on the side. (gf)	
+ bacon	2.75
+ halloumi	2.75
Cajun Eggs Benny	11.95
A twist on our Om Eggs Benny with deep fried Cajun chicken fillets, 2 poached free range eggs, a chilled avodaise on sourdough toast with spinach and shakshouka paste, finished with a dusting of Cajun spices. (gf)	
Breakfast Tacos (portion of 3)	11.5
Chorizo, potato and onion hash, scrambled eggs, guacamole and crispy onions on a soft corn tortilla. (gf)	
Shakshouka	12.95
3 eggs poached in our signature tomato and pepper sauce, in a sizzling skillet with a chunk of sourdough on the side. (gf)	
Sweet & Salty Sandwich	11.95
Brioche French toast sandwich with scrambled eggs, crispy bacon and maple syrup for dipping.	
Om Club Sandwich	11.95
Southern fried chicken breast, crispy bacon, lettuce, tomato and mayo on sourdough. (gf)	
Jambalaya / Vegan Jambalaya	14.95/12.95
A soul satisfying rice dish with chicken, shrimp, chorizo, tomatoes, onions, peppers and asparagus, jambl-ed together with a cajun kick. The vegan dish has all the flavour without the meat. (ve, gf)	
Buffalo Chicken Poutine	14.95
Our take on the popular Canadian dish; fries smothered in a cheese and white wine sauce, Yorkshire curds, topped with a whole crispy buffalo chicken breast. Blue cheese sauce on the side to calm the spicy kick.	
Sweet Potato & Red Onion Bhaji's	10.5
A portion of 4 of our famous bhaji's with turmeric mint yogurt dip.	

WE USE LOCAL SUPPLIERS

Rogers Bread, Bolster Moor Farm Shop,
M&M Sykes, Sailbrand and Grumpy Mule Coffee



Be part of our cOMmunity



HEARTY GOODNESS

Omelette	8.5
3 egg omelette, garnished with dill, parsley, and spring onions and a chunk of sourdough and tzatziki dip on the side. (gf)	
+ Choose your filling	1.5 each
• bacon • chorizo • mushroom • tomato • smoked cheddar • halloumi • mixed veg	
Om Eggs Benny	11.95
2 poached free range eggs, bacon and a chilled avodaise on sourdough toast with spinach and shakshouka paste, finished with a dusting of cayenne pepper. (gf)	
Hangover Skillet	14.95
Potato, chorizo and onion hash, homemade sausage, 2 rashers of bacon and griddled cherry tomatoes. Topped with a sunny-side-up egg, crispy fried onions, feta crumbles and shakshouka ketchup.	
Avocado Grilled Cheese	10.95
A hearty toasted sourdough sandwich with smashed avo and smoked cheddar or vegan cheese. (ve, gf)	
+ bacon	2.75
Spicy Beetroot Falafel Wrap + 1 side	12.5
Homemade falafel with a tingly ginger and jalapeno tahini dressing with cherry tomatoes and salad. (ve, gf)	
Buddha Bowl	12.95
A hearty salad with beetroot falafel or grilled turmeric chicken strips, chickpea rice, sliced avocado and finely chopped tomato, cucumber, onion and parsley with ginger tahini dressing. (ve, gf)	
Cali Salad	12.95
A fresh, crisp salad mix of lettuce and spinach, cherry tomatoes, smashed avocado, coriander citrus dressing, a drizzle of honey and topped with crispy onions, with choice of either grilled chicken or halloumi.	
Soup & Sourdough	10.5
See the specials board for today's soup, there will always be a meaty and a vegan option. (ve, gf)	
Dirty Meat Burger + 2 sides	15.5
Smashed beef patty, bourbon bbq brisket, bacon and smoked cheese in a brioche bun. (gf)	
Beetroot Burger + 2 sides	14.5
Beetroot, mushroom and black bean patty on a brioche or vegan bun with lettuce and tomato. (ve, gf)	
Mac & Cheese	
A skillet full of carby, cheesy excellence!	
Plain	11.95
Bacon & Jalapeno	13.95
Chilli & Chorizo	13.95

TACOS

Soft corn tortilla with shredded lettuce, guac, mango salsa and spicy mayo. Tortilla chips, jalapeno salsa and guac on the side.

3 (for one person)	13.5
6 (for two people)	23.5
1 additional taco	5

Choose a filling or mix/match.

Baja Fish
Buttermilk Chicken Thigh
Deep Fried Cactus (ve)

LOADED THINGS

Nachos (enough for 2 to share)	16.5
Fries	12.5
Sweet Potato Fries	13.5
With smoked cheddar or vegan cheese topped with jalapenos.	
Choose from;	
• Slow cooked Bourbon BBQ Brisket (gf)	
• Mixed Veggies in maple syrup (ve, gf)	

SIDES

Sweet Potato & Red Onion Bhaji's (4pcs)	10.5
Edamame in soy, ginger and chilli	9.5
Mixed Veggies; peppers, red onion and asparagus in sweet maple syrup	7.5
Cajun Buttered Corn on the Cob	8.5
Fries	4.95
Sweet Potato Fries	5.95

*Sides on burgers and wraps are a slightly smaller portion.

SWEET TREATS

3 stack of fluffy pancakes; American style with bacon, maple syrup and cinnamon sugar	12.95
3 stack of fluffy pancakes with choice of two toppings; • Homemade Jam • Nutella • Honey • Banana • Maple Syrup • Golden Syrup	11.95
Bourbon Banana French Toast 2 chunky slices of brioche, topped with bourbon caramelised banana, syrup and a sprinkling of cinnamon sugar.	12.95

Where **ve/gf** is indicated we are able to accommodate these requests, be sure to inform our staff of your needs.